

# Good food's on the way...



Tall Grass Prairie Bread Company has been known for its commitment to organic grains, fresh milling, high quality baking and whole food since its beginnings in 1990.

We are now providing those same qualities through our catering & delivery service. Since October 2006 we also have moved our deli kitchen from the bakery into its own little space at The Forks Market. Named "Grass Roots Prairie Kitchen" this cozy and lovely small kitchen adds its own special touch to our catering.

Chose from our savory or sweet line – or both – and we will put together a special arrangement for your event. We specialize in meetings of any size and can also supply conferences, weddings and other larger events.

## Catering Menu

### Breakfast Platter

Chose from fresh, out of the oven Mini Cinnamon Buns, Muffins, Biscuits, Cheese Sticks and Croissants.

**\$2.25 per person.** Add \$ .25 per person for Tall Grass House Jam. (butter is included free of charge)

### Dessert Platter

A selection of Fruit Squares, Lemon Squares, Date Squares, Brownies, Fruit Loaves, Cookies

**\$2.25 per person**

Coffee Catering available upon request.

We cater organic shade grown fair trade coffee.

**8 oz. cup of organic coffee \$1.60**

### Fruit or Vegetable Platters

Fresh fruit or vegetables beautifully arranged offer a healthy alternative snack option.

- **Small (serves up to 15) \$32.00**
- **Medium (serves up to 22) \$49.00**
- **Large (serves up to 30) \$62.00**

If you have other food with your fruit or veggie platter you often don't have to match the platter size with the group size. Going to the next lower size works well. Larger platters also available upon request.



Tall Grass' famous cinnamon buns!



## Salads

Very popular is our Garden Salad with our house Saskatoon dressing.

Other salad options exist.

"Ask us and we'll make it!" All our dressings are house made.

**\$2.95 per person**

## Sandwich Platters

Great taste, whole food, on breads baked fresh from our stone-ground organic flour.

Sandwiches will be served halved or quartered on platters.

### Vegetarian Sandwiches \$5.50 each

- Garden Feta – A Greek Salad on bread, with our house-made humus spread. (Vegan without the Feta Cheese)
- Sprouts and Seeds – Roasted Seeds with refreshing sprouts surrounded with Cream Cheese
- Country Egg Salad – Made with free range Vita Eggs. It reminds you of home
- Jalapeño Cheese – Not too hot... just enough to set off the refreshing veggie combination
- Aged Cheddar – For those who prefer the solidity of our local Bothwell Cheddar

**Meat Sandwiches \$6.00 each** Available upon request

## Finger Food Treats from Grassroots Prairie Kitchen

At Grass Roots we are constantly developing new fingerfood ideas: **\$1.25 per piece**

Many of our creations contain organic bison meat.

- Meat Buns
- Mushroom buns
- Vegetarian Pizza pin wheels
- Seasonal Veggie Feta Tarts
- Sundried Tomato Tarts

We also make wonderful dips and crackers

## Assorted Bottled Drinks

Fairlee Juices (300ml) \$1.00 Tropicana Juices (441ml) \$2.00 Water (500ml) \$1.25

## Delivery

Delivery available starting at 7 am. Delivery charges may apply. We reserve the right to request a minimum order. Taxes not included in pricing. Prices subject to change without notice.

## Tall Grass Catering 947-1297

A Division of Tall Grass Prairie Bread Company

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The invoicing option is available for most caterings.

Payment Options: Cash, Cheque

Interac – VISA & Master Card (Over phone or in person)

